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Tips for Driving Near Large Trucks at Night

If you're doing any long-distance holiday travel you're bound to be driving during the night where visibility is lower. In 2011 the Texas Department of Transportation reported that 122,777 of the 416,870 traffic crashes recorded that year took place in dark conditions.



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Signs of Internal Bleeding after a Pedestrian Accident

A pedestrian who is struck by a vehicle has little in the way of protection, even with proper safety gear. Helmets, padded clothing and lights can only do so much to keep you visible and cushion the blow of a car. If your loved one was hit by a car or truck it's important that you watch for these signs of internal bleeding and organ damage.



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Custody Issues with Breastfeeding Infants

In all custody cases, Texas laws look out for the best interests of the child. While you may think that an infant should always stay with the mother if it is breastfeeding, it may be necessary to allow the father to take custody if the child is endangered by staying with the mother.



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What You Need to Know About Motorcycle Head Injuries

There are a variety of complications and long-term consequences that can accompany a motorcycle head injury. A minor head injury may result in a concussion that causes dizziness and disorientation for a few hours. In more severe cases, the person may slip into unconsciousness, such as a coma or vegetative state.



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Recipe of the Month

With St. Patrick's Day just around the corner you'll want to indulge in this traditional Irish dish – Corned Beef and Cabbage. You can purchase a pre-brined brisket at your local supermarket and add some extra flavor to your vegetables by boiling them in the same pot with the corned beef, herbs and beer. Get the recipe here.



Did You Know? Little known facts about St. Patrick's Day

- The first U.S. St. Patrick's Day took place in 1737 in Boston, MA.
- Saint Patrick's birth name was Maewyn Succat and he was born in England.
- March 17th was chosen to honor the supposed date of death of Saint Patrick. His body is claimed to be buried at the Down Cathedral in Down Patrick.
- Saint Patrick used a shamrock with three leaves to teach the Irish about the Christian concept of the Holy Trinity.
- Chicago has been dying the Chicago River green since 1962 in honor of St. Patrick's Day. The city uses 40 lbs. of a vegetable-based dye that is normally used to detect leaks to turn the river emerald green for the annual parade.
- The tradition of pinching people not wearing green on St. Patrick's Day came from the belief that wearing green made you invisible to leprechauns who were believed to pinch people they could see (those not wearing green).